

# CHILD CARE PM SNACK

## SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Muffin Top ^+%1ozG Tangerine 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
9	10	11	12	13
Bagel 1ozG Yogurt @ 4ozM	Applesauce 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Carrots 1/2 cupV Ranch Dressing Cinnamon Pretzel 1ozG	Peach Cup 1/2 cupF MiniMuffin 1ozG
16	17	18	19	20
Strawberry Cup 1/2 cupF Milk @ 8ozM	Animal Crackers ^+ 1ozG Milk @ 8ozM	Bagel 1ozG Milk @ 8ozM	MiniMuffin 1ozG Milk @ 8ozM Cinnamon Pretzel 1ozG	Cinnamon Toast^+ 1ozG Milk @ 8ozM
23	24	25	26	27
Strawberry Cup 1/2 cupF Milk @ 8ozM	Choc. Elf Grahams^+ 1ozG Tangerine 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
30				

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%