

CHILD CARE PM SNACK

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Granola Bar \$^+ 1ozG Apple Slices 1/2 cupF
4	5	6	7	8
Muffin Top ^+\$ 3ozG Milk @ 8ozM	Animal Crackers ^+ 1ozG Fresh Fruit 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
11	12	13	14	15
Strawberry Cup 1/2 cupF Sunbutter Uncrustable Sandwich^ 2 ozG 1oz M	Yogurt @ 4ozM Fresh Fruit 1/2 cup F	Animal Crackers ^+ 1ozG Applesauce 1/2 cupF	Fresh Fruit 1/2 cup F String Cheese @ 1ozM	Granola Bar \$^+ 1ozG Apple Slices 1/2 cupF
18	19	20	21	22
Muffin Top ^+\$ 3ozG Milk @ 8ozM	Animal Crackers ^+ 1ozG Fresh Fruit 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
25	26	27	28	29
Strawberry Cup 1/2 cupF Elf Graham Chocolate^+1ozG	Yogurt @ 4ozM Fresh Fruit 1/2 cup F	Animal Crackers ^+ 1ozG Applesauce 1/2 cupF	Fresh Fruit 1/2 cup F String Cheese @ 1ozM	Granola Bar \$^+ 1ozG Apple Slices 1/2 cupF

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%