

# CHILD CARE PM SNACK

## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
Milk @ 8ozM Muffin Top ^+ \$	Choc. Elf Grahams^+ 1ozG Fresh Fruit	Apple Slices String Cheese @	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
11	12	13	14	15
Strawberry Cup 1/2 cupF Choc. Elf Grahams^+ 1ozG	Yogurt @ 4ozM Fresh Fruit	Applesauce 1/2 cupF Animal Crackers ^+ 1ozG	Pillsbury Cinnis ^+@ 1ozG Milk @ 8ozM	Apple Slices 1/2 cupF Granola Bar \$^+ 1ozG
18	19	20	21	22
Milk @ 8ozM Muffin Top ^+ \$	Choc. Elf Grahams^+ 1ozG Fresh Fruit	Apple Slices String Cheese @	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top ^+%1ozG
25	26	27	28	29
Strawberry Cup 1/2 cupF Choc. Elf Grahams^+ 1ozG	Yogurt @ 4ozM Fresh Fruit	Applesauce 1/2 cupF Animal Crackers ^+ 1ozG	Pillsbury Cinnis ^+@ 1ozG Milk @ 8ozM	Apple Slices 1/2 cupF Granola Bar \$^+ 1ozG

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%