

CHILD CARE PM SNACK

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
Strawberry Cup 1/2 cupF Milk @ 8ozM	Mini Apple Cinnamon Muffin 1oz Milk @ 8oz	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Pretzel Rod 1ozG
14	15	16	17	18
Choc. Elf Grahams^+ 1ozG Fruit Cocktail 1/2 cupF	Yogurt @ 4ozM Animal Crackers ^+ 1ozG	Bagel 1ozG Milk @ 8ozM	Diced Pears 1/2 cupF String Cheese @ 1ozM	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM
21	22	23	24	25
SCHOOL HOLIDAY	Choc. Elf Grahams^+ 1ozG Tangerine 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Pretzel Rod 1ozG
28	29	30	31	
Bagel 1ozG Yogurt @ 4ozM	Applesauce 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk @ 8ozM	String Cheese @ 1ozM Apple Slices 1/2 cupF	

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%