

# February

CONEJO VALLEY UNIFIED SCHOOL DISTRICT  
Child Care

## Lunch Menu

# 2019

**All lunches  
Are served with  
Choice of  
Milk  
• Non Fat  
• 1%  
8oz. M**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>PIZZA FRIDAY!</b> Cheese Pizza \$^+@ 2G 2M Side Salad 1/2 cup V Fresh Fruit .5 Cup F
<b>4</b> Turkey Hot Dog ^+ 1.5 M, 2. G Apple Slices 1/2 cup F Jicama 1/2 cup V	<b>5</b> Chicken Patty on WW bun%&^+ 1.50 M, 2 G Carrots 1/2 cup V Peach Cup 1/2 cup F	<b>6</b> Hamburger 2M, 2G Side Salad 1/2 cup V Pear .5 Cup F	<b>7</b> Chicken Nuggets \$^+@ 1.5ozM Tater Tot .5 Cup V Side Salad 1/2 cup V	<b>8</b> <b>PIZZA FRIDAY!</b> Bagel Pizza \$^+@ 1 G,2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>11</b> Popcorn Chicken 2M Breadstick 1G Side Salad 1/2 cup V Peach Cup 1/2 cup F	<b>12</b> <b>UPSIDE DOWN DAY!</b> Waffle Breakfast Bowl ^+ 1M, 2 G String Cheese@ 1M Celery Sticks 1/2 cup V Applesauce 1/2 cup F	<b>13</b> Double Dogs 2 M, 2. G Carrots 1/2 cup V Fresh Fruit .5 Cup F	<b>14</b> <b>PICNIC IN A BOX!</b> Turkey Sandwich 2M, 2 G Chips 1 oz. G Fruit & Veggies 1/2 cup f and V	<b>15</b> <b>PIZZA FRIDAY!</b> Bagel Pizza \$^+@ 1 G,2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>18</b>	<b>19</b> Grilled Cheese Sandwich 1.5 M,2 G Tater Tot 1/2 cup V Apple Slices 1/2 cup F	<b>20</b> Crispy Burrito \$^+@ 2 M, 2 G Side Salad 1 cup V Pear 1/2 cup F	<b>21</b> Chicken Fritter \$^+@ 1.5ozM Jicama 1/2 cup V Apple Slices 1/2 cup F	<b>22</b> <b>PIZZA FRIDAY!</b> Bagel Pizza \$^+@ 1 G,2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>25</b> Popcorn Chicken 2M Breadstick 1G Carrots 1/2 cup V	<b>26</b> <b>UPSIDE DOWN DAY!</b> Pancake Breakfast Bowl ^+ 1M, 2 G Carrots 1/2 cup V Applesauce 1/2 cup F	<b>27</b> Cheeseburger Sliders 1.5M 1 G Corn 1/2 cup V Plums 1/2 cup F	<b>28</b> Chicken Nuggets \$^+@ 1.5ozM Tater Tot .5 Cup V Fresh Fruit .5 Cup F	

Peanuts!!	
Pork*	Beef#
Whey+	Soy\$
Corn>	Wheat+
Milk@	Gluten^
Eggs%	Fish

**ALL GRAINS ARE WHOLE  
GRAIN RICH**

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