

# CHILD CARE AM SNACK

## september

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL	Cinnamon Toast <sup>^</sup> + 2ozG Milk @ 8ozM	Yogurt @ 4ozM Apple Slices 1/2 cupF	Bagel <sup>^</sup> + 2ozG Cream Cheese @ 1ozM Milk @ 8ozM	Apple Slices 1/2 cupF String Cheese @ 1ozM
9	10	11	12	13
Animal Crackers <sup>^</sup> + 1ozG Milk @ 8ozM	Honey Grahams <sup>^</sup> + 1ozG Yogurt @ 4ozM	Peaches 1/2cupF Muffin Top <sup>^</sup> + 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
16	17	18	19	20
Bagel <sup>^</sup> + 2ozG Cream Cheese @ 1ozM Applesauce 1/2 ozF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Fruit 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	Applesauce 1/2 ozF Honey Grahams <sup>^</sup> + 1ozG
23	24	25	26	27
Choc. Elf Grahams <sup>^</sup> + 1ozG Milk @ 8ozM	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Muffin <sup>^</sup> + 2ozG	Bagel <sup>^</sup> + 2ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
30				
NO SCHOOL				

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%