

CHILD CARE AM SNACK

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
5	6	7	8	9
Bagel ^+ 2ozG Cream Cheese @ Applesauce 1/2 cupF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Fruit 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	Applesauce 1/2 ozF Honey Grahams ^+ 1ozG
12	13	14	15	16
Animal Crackers^+ 1ozG Carrots 1/2 cupV Ranch Dressing	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Muffin^+ 2ozG	Bagel^+ 2ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
19	20	21	22	23
Animal Crackers^+ 1ozG Milk @ 8ozM	Milk @ 8ozM Cinnamon Toast ^+\$ 2ozG	Apple Slices 1/2 cupF Yogurt @ 4ozM	Pillsbury Cinnis @ ^+2ozG Milk @ 8ozM	Apple Slices 1/2 cup F String Cheese @ 1ozM
26	27	28	29	30
Strawberry Cup 1/2 cup F Carrots 1/2 cup V	Honey Grahams ^+ 1ozG Yogurt @ 4ozM	Peaches 1/2cupF Muffin Top^+ 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%