

CHILD CARE AM SNACK

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Apple Slices 1/2 cupF String Cheese @ 1ozM
4	5	6	7	8
Choc. Elf Grahams^+ 1ozG Milk @ 8ozM	Yogurt @ 4ozM Carrots 1/2 cupV	Peaches 1/2cupF Honey Grahams ^+ 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
11	12	13	14	15
Honey Grahams ^+ 1ozG Applesauce 1/2 ozF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Pear 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	Apple Slices 1/2 cupF String Cheese @ 1ozM
18	19	20	21	22
Choc. Elf Grahams^+ 1ozG Milk @ 8ozM	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Honey Grahams ^+ 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
25	26	27	28	29
Jungle Grahams ^+ 1ozG Applesauce 1/2 ozF	Yogurt @ 4ozM Plum 1/2cupF	Carrot Sticks 1/2 cupV Apple Cinnamon MiniMuffin 1ozG	Milk @ 8ozM Pretzel Rod 1ozG	Apple Slices 1/2 cupF String Cheese @ 1ozM

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%