

# CHILD CARE AM SNACK

## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	1	2	3	4
7	8	9	10	11
Choc. Elf Grahams <sup>^+</sup> 1ozG Milk @ 8ozM	Yogurt @ 4ozM Carrots 1/2 cupV	Peaches 1/2cupF Honey Grahams <sup>^+</sup> 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
14	15	16	17	18
Honey Grahams <sup>^+</sup> 1ozG Applesauce 1/2 ozF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Pear 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	String Cheese @ 1ozM Bagel <sup>^+</sup> 1ozG
21	22	23	24	25
SCHOOL HOLIDAY	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Honey Grahams <sup>^+</sup> 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
28	29	30	31	
Jungle Grahams <sup>^+</sup> 1ozG Applesauce 1/2 ozF	Yogurt @ 4ozM Plum 1/2cupF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Strawberry Cup 1/2 cupF Pretzel Rod 1ozG	

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%