

CHILD CARE AM SNACK

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Choc. Elf Grahams ^{^+} 1ozG Milk @ 8ozM	Yogurt @ 4ozM Carrots 1/2 cupV	Peaches 1/2cupF Honey Grahams ^{^+} 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
10	11	12	13	14
Honey Grahams ^{^+} 1ozG Applesauce 1/2 ozF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Pear 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	String Cheese @ 1ozM Bagel ^{^+} 1ozG Milk @ 8ozM
17	18	19	20	21
Applesauce 1/2 cupF Jungle Grahams ^{^+} 1ozG	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Honey Grahams ^{^+} 1ozG	Apple Cinnamon MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
24	25	26	27	28
		Yogurt @ 4ozM Plums 1/2 cupF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Strawberry Cup 1/2 cupF Pretzel Rod 1ozG

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%