

# CHILD CARE AM SNACK

## AUGUST

| MONDAY  | TUESDAY  | WEDNESDAY                                   | THURSDAY  | FRIDAY                                      |
|---|--|---|---|---|
| <b>3</b>  | <b>4</b>   | <b>5</b>                                    | <b>6</b>  | <b>7</b>                                    |
| Bagel^+ 2ozG<br>Cream Cheese @ 1ozM<br>Applesauce 1/2 ozF | Apple Slices 1/2 cupF<br>String Cheese @ 1ozM          | Fruit 1/2 cupF<br>Milk @ 8ozM               | Carrots 1/2 cupV<br>Yogurt @ 4ozM                         | Applesauce 1/2 ozF<br>Honey Grahams ^+ 1ozG |
| <b>10</b>   | <b>11</b>  | <b>12</b>                                   | <b>13</b>   | <b>14</b>                                   |
| Carrots 1/2 cupV<br>Yogurt @ 4ozM                         | Oat Breakfast Bun ^+%\$@ 3ozG<br>Apple Slices 1/2 cupF | Peaches 1/2cupF<br>Muffin ^+ 2ozG           | Bagel^+ 2ozG<br>Cream Cheese @ 1ozM<br>Applesauce 1/2 ozF | Cereal Bowl 1ozG<br>Milk @ 8ozM             |
| <b>17</b>   | <b>18</b>  | <b>19</b>                                   | <b>20</b>   | <b>21</b>                                   |
| Bagel^+ 2ozG<br>Cream Cheese @ 1ozM<br>Peach Cup 1/2 ozF  | Apple Slices 1/2cup F<br>Yogurt @ 4ozM                 | Milk @ 8ozM<br>Muffin Top^+ 2ozG            | Apple Cinnamon<br>MiniMuffin 2ozG<br>Milk @ 8ozM          | Cereal Bowl 1ozG<br>Milk @ 8ozM             |
| <b>24</b>   | <b>25</b>  | <b>26</b>                                   | <b>27</b>   | <b>28</b>                                   |
| Animal Crackers 1ozG<br>Milk @ 8ozM                       | Yogurt @ 4ozM<br>Honey Grahham 1ozG                    | Muffin Top^+ 2ozG<br>Diced Peaches 1/2cup F | Bagel^+ 2ozG<br>Strawberry Cup 1/2cup F                   | Applesauce 1/2 ozF<br>Honey Grahams ^+ 1ozG |
| <b>31</b>   |  |   |   |   |
| Carrots 1/2 cupV<br>Yogurt @ 4ozM                         |  |   |   |   |

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%